

ASPIRE • BELIEVE • ACHIEVE



Prospect
School

SEX AND RELATIONSHIP POLICY

Staff Responsible	Deputy Headteacher
Date Approved	November 2016

Sex and Relationship Education Policy

The sex education policy for Prospect School will comply with current national DfE Guidelines for Head Teachers, Teachers and School Governors and the requirements of the National Curriculum.

1. Sex and Relationship Education

Sex education at Prospect School is dealt with in part during the PSHE and Citizenship programme where the important moral issues as well as practical aspects are raised and discussed and in part during Science lessons where factual and biological aspects are considered. The programme is coordinated by the Head of PSHE and Citizenship, and delivered by Tutors. Appropriate teaching strategies as outlined in the Guidelines will be developed and supported.

2. Definition of the Sex and Relationship Programme (SRE)

The SRE programme is part of lifelong learning about physical, moral and emotional development. It is about the understanding of relationships, and sex, sexuality, and sexual health. It is not about the promotion of sexual orientation or sexual activity – this would be inappropriate.

There are three main elements of the programme:

- Attitudes and values
 - Learning the importance of values and individual conscience and moral considerations
 - Learning the value of family life, marriage, and stable and loving relationships for the nurture of children
 - Learning the value of respect, love and care
 - Exploring, considering and understanding moral dilemmas
 - Developing critical thinking as part of decision-making.
- Personal and social skills
 - Learning to manage emotions and relationships confidently and sensitively
 - Developing self-respect and empathy for others
 - Learning to make choices based on an understanding of difference and with an absence of prejudice
 - Developing an appreciation of the consequences of choices made o Managing conflict o Learning how to recognise and avoid exploitation and abuse.
- Knowledge and understanding
 - Learning and understanding physical development at appropriate stages
 - Understanding human sexuality, reproduction, sexual health, including
 - HIV/Aids and sexually transmitted diseases, emotions and relationships
 - Learning about contraception, including emergency contraception, abortion and the range of local and national sexual health advice, contraception and support services o Learning the reasons for delaying sexual activity, and the benefits to be gained from such delay

- The avoidance of unplanned pregnancy.
- No child will be stigmatised because of his/her home circumstances

3. Delivery of Sex and Relationship Education at Prospect

Factual and biological issues are delivered as part of Science lessons by Science teachers. The programme of study drawn from the National Curriculum is at Appendix 1.

The SRE programme is delivered as part of the PSHE and Citizenship programme. The topics highlighted are to meet the aims listed at section 2 above. This programme is delivered by Tutors during PSHE/Citizenship lessons and by Science teachers in Science lessons.

In addition, there is a Sexual Health Roadshow delivered at the end of Year 8 by the Berkshire Nursing Service as part of the Health Awareness Day. Other outside speakers may contribute to the programme where and when is appropriate.

4. Roles and responsibilities

The programme is co-ordinated by the Head of PSHE and Citizenship, and delivered by Tutors. Some aspects are delivered by Science teachers as part of the Science Curriculum; this is overseen by the Head of Science in consultation with the Head of PSHE and Citizenship.

5. Involvement of parents, pupils and staff

This policy and information about the programme is available to parents and carers via the Prospect School website.

Students are asked to provide written feedback on the PSHE programme.

Tutors are able to discuss aspects of PSHE programme with their Head of Year or the Head of PSHE. Heads of Year and the Head of PSHE have regular line management meetings with members of the SLT to enable their views to be taken into consideration.

6. Monitoring and Evaluation

All Tutors have to confirm that they have delivered the topics in the programme. Students are also asked to provide written feedback on the PSHE programme. The parts of the programme delivered by outside agencies are monitored by these agencies and reports are produced reflecting feedback from students and teachers.

The Head of Citizenship reports annually to the Head Teacher on the programme and has regular meetings with the Senior Leadership Team link for PSHE and Citizenship to review the programme.

7. **Parental right of Withdrawal**

Parents are entitled to withdraw their children from all or part of the Sex and Relationship Education programme except for those elements that are part of the National Curriculum especially in Science.

Before students begin any activity that is outside the National Curriculum the Head of Citizenship writes to all parents informing them of the activity and giving them the opportunity to withdraw their child.

If students are withdrawn the School makes provision for their supervision and a record is kept of all students withdrawn from classes.

Appendix A

Sex and Relationship Education in Science National Curriculum

The programme of study for Science is as follows: Key Stage 3 Pupils should be taught:

- That fertilisation in humans is the fusion of a male and a female cell.
- About the physical and emotional changes that take place during adolescence.
- About the human reproductive system, including the menstrual cycle and fertilisation
- How the foetus develops in the uterus?
- How the growth and reproduction of bacteria and the replication of viruses can affect health.

Key Stage 4 Pupils should be taught about:

- The way in which hormonal control occurs, including the effects of sex hormones
- Some medical uses of hormones, including the control and promotion of fertility
- The defence mechanisms of the body
- How sex is determined in humans

Dealing with Questions

If a question is too personal or is too explicit for whole class discussion, the teacher will speak to the student concerned individually and will, if necessary, contact the parents or refer the student to an outside agency. In addition, the Bodyzone is available to offer advice to students and to inform them of available support services.

Teachers should give information about different types of contraception and their effectiveness and advice on this will be included in the programme in Year 8 and 9. Information can also be given about where to obtain confidential advice.

Teachers should deal honestly and sensitively with sexual orientation, answer appropriate questions and offer support. There should be no direct promotion of sexual orientation.

As part of the programme students will always be made aware of the benefits of delaying sexual activity and must be encouraged to discuss such issues with their parents.

Discussion about sexual issues in lessons other than Science and PSHE should be fairly limited and within the context of the lesson.

Sexual Abuse

If a member of the School's staff has grounds to suspect that a child is a victim of sexual abuse or they have reason to believe that he/she is at risk of abuse they should immediately follow the school's safeguarding procedures as set out in the Safeguarding Policy.